



# **ADVOCATE FOR ALL**

**Arkansas Nursing Students' Association  
State Convention 2022**

**71st Annual Convention  
October 13 - 14th, 2022**

**Hot Springs Convention Center  
Hot Springs, Arkansas**

**13**  
Oct

<b>0700-0900</b>	<b>Delegate Credentialing</b>
<b>0700-1200</b>	<b>Registration and Check In</b>
<b>0800-0930</b>	<b>Opening Ceremony and Keynote Speaker</b>
<b>0930-1200</b>	<b>Focus sessions Open</b> Various sessions occurring at different times and locations. See detailed schedule for more information.
<b>1000-1300</b>	<b>Fundraising Tables Open</b>
<b>1200-1500</b>	<b>Exhibit Hall Open</b>
<b>1200-1300</b>	<b>Lunch Break</b> No focus sessions during this time. The fundraising tables and exhibit hall will remain open.
<b>1300-1630</b>	<b>Focus Sessions Open</b>
<b>1700-1900</b>	<b>House of Delegates Session 1</b>
<b>1900</b>	<b>Meet The Candidates</b>

**Advocate  
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**14**  
Oct

<b>0800-1100</b>	<b>House of Delegates Session 2</b>
<b>0800-1200</b>	<b>Fundraising Tables Open</b>
<b>1000-1130</b>	<b>Focus Sessions Open</b>
<b>1200-1500</b>	<b>Exhibit Hall Open</b>
<b>1200-1300</b>	<b>Lunch Break</b> No focus sessions during this time. The fundraising tables and exhibit hall will remain open.
<b>1300-1400</b>	<b>Focus Sessions Open</b>
<b>1500-1600</b>	<b>End Note Speaker</b>
<b>1600-1730</b>	<b>Awards and Closing Ceremony</b>

**Advocate  
For All**



# ADVOCATE FOR ALL

**2022 CONVENTION THEME**

## **WHAT DOES THIS THEME MEAN TO YOU?**

*As future nursing professionals it is our job to ensure equitable and quality care for all patients. This year we want to emphasise the importance of treating all of our patients with dignity and respect, and advocating for everyone to receive the best care possible.*

Follow us on our social media to keep up with all things convention and share your experiences!

**Instagram: @arknursing\_students**

# Keynote



## **NONA LACY, MSN, RN**

Mrs. Nona Lacy has worked in the nursing field for over 30 years. Her experience spanned 13 different specialties in her 23 years at the bedside; most of which were in pediatrics.

10 years of Mrs. Lacy's career were dedicated to teaching Harding University students in the art of nursing.

Mrs. Lacy has learned and implemented advocacy throughout her rich career. She has worked with families and patients from premies to adults in several settings. She has also effectively advocated for herself throughout her career.

### **Her accolades include:**

Inducted Twice into Sigma Theta Tau International  
Employee of the Year for Innovation (Sierra Community Hospital)

DAISY award

ANSA Educator of the Year (2021)

**Please enjoy Mrs. Lacy's Presentation on Advocacy on October 13, 2022 at 8:00am following the opening ceremonies**



# Endnote

Dr. Nell Ard has had an incredible career that has spanned almost 40 years. She has spent 14 years working in maternal-child health. Most of it spent working in nursing education concurrently. The education aspect of her career spanned over 20 years at multiple colleges, universities, and hospitals. Dr. Ard also has extensive research experience with several publications credited to her. Additionally, Dr. Ard has served in various leadership positions in the National League for Nursing spanning 10 years.

## **NELL ARD, PHD, RN, CNE, ANEF**

Currently, Dr. Ard is serving as the Accreditation Commission for Education in Nursing (ACEN) Director in Atlanta, Georgia.

### **Her accolades include:**

Certified Nurse Educator for 15 years  
American Nurse Educator Fellow for 13 years

### **Notable Publications:**

Ard, N. & Beasley, S.F. (2022). Mentoring: A key element in succession planning. *Teaching and Learning in Nursing*, 17(2), 159-162.

Ard, N., Beasley, S. F., Nunn-Ellison, K., & Farmer, S. (2021). Responding to the Pandemic: Nursing Education and the ACEN. *Teaching and Learning in Nursing*, 16(4), pp. 292-295.

Ard, N. & Valiga, T.M. (Eds). (2009). *Nursing Clinical Education: Current Reflections*. New York: National League for Nursing.

**Please enjoy Dr. Ard's Presentation on Advocacy on October 14, 2022 at 3:00pm preceding the closing ceremonies.**

**WE HOPE THAT YOU FULLY ENJOY YOUR EXPERIENCE AT THIS CONVENTION. WHILE YOU ARE HERE, PLEASE REMEMBER THAT YOU REPRESENT THE FUTURE OF NURSING AND THERE ARE SOME GUIDELINES YOU WILL NEED TO FOLLOW:**

1. When you go to the registration booth you will be issued a badge. You must have the badge clearly visible to attend all events at the convention.
2. If you are a delegate, please refer to your packet for instructions. Your role is very important to the future of ANSA. Attendance and participation at all House of Delegates sessions is expected and appreciated.
3. Please remember that we are guests in this city and our conduct reflects on us as a group and our schools. Please take the opportunity to network with others while practicing your professional skills. For more information on meeting etiquette, please visit [www.nсна.org](http://www.nсна.org).

**Meeting Etiquette:**

1. All attendees of NSNA conventions and conferences shall conduct themselves in a professional and courteous manner showing respect to others at all times.
2. All attendees shall keep their badges in full view at all times while attending the meeting.
3. All members shall conduct themselves in accordance with the NSNA Code of Professional Conduct.
4. All attendees are asked to arrive on time to meetings, events, and programs and attend the entire meeting.
5. Professional business attire or business casual attire is acceptable style of dress for professional meetings.

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**Now is the time to look  
ahead and start making  
plans to attend the NSNA  
Annual Convention  
NSNA 71st annual  
convention, April 12-16,  
2023  
Nashville, Tennessee  
For more details, please  
visit [nsna.org](http://nsna.org)**

### **Professional Business Attire...**

#### **Women**

- suit- jacket with pants or skirt; or tailored dress (skirt or dress at or below knee)
- blouse and simple jewelry
- shoes- comfortable low heeled pumps, loafers or boots

#### **Business Casual Attire**

- shirt with collar or polo style
- slacks
- chinos or dockers

#### **Men**

- suit - or jacket with slacks
- shirt- traditional shirt with collar
- tie
- dress shoes and matching belt

#### **NOT Considered Business Casual**

- T-shirts
- jeans
- shorts

**Please direct your questions and concerns  
to a member of the NSNA Board of  
Directors or to an ANSA Consultant.**

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# THURSDAY OCTOBER 13TH

## **Delegate Credentialing**

**Mandatory for Delegates** (Lobby) 7:00 - 9:00 AM

## **Registration Check-In**

(Lobby) 7:00 AM - 12:00 PM

## **Opening Ceremony & Keynote Speaker Nona Lacy**

Greetings from NSNA Director South Andrea Wollitz  
(Horner Hall) 8:00 - 9:30 AM

## **Fundraising Tables**

(Plaza Lobby) 10:00 AM - 1:00 PM

## **Nurse Practitioners & Evolution of Nursing: Filling the Need and Influencing Public Policy**

(Room 102-103) 9:30 - 10:00 AM

This session aims to empower early career nurses to be involved in the legislative process by providing a historical perspective of nursing and the evolution of nurse practitioners while highlighting the efforts of nursing organizations on the local and national levels.

Presenter: Margaret Love DNP, CNP, FNP-BC, ACHPN

## **American Red Cross Disaster Health Services Simulation**

(Room 207) 9:30 - 11:00 AM

Faculty & Students

The American Red Cross Disaster Health Services Simulation prepares students to serve as volunteers in disaster shelters. The simulation involves discussing nine scenarios describing typical types of clients who seek help in Red Cross shelters. Those who complete the three modules and the simulation are qualified to serve as volunteers in disaster shelters in their communities.

Presenter: Cheryl K. Schmidt, PhD, RN, CNE, ANEF, FAAN, Clinical Professor, Arizona State University Edson College of Nursing and Health Innovation, Phoenix, AZ

# THURSDAY OCTOBER 13TH

## **Forensic Nursing**

(Room 208) 9:30 - 10:00 AM

The field of forensic nursing is gaining momentum. It is a vast and incredibly expansive specialty that encompasses so many facets and factors of the community and of the nursing profession. This presentation goes over the broad strokes of this growing field of nursing. Participants will get an overview of the history of forensic nursing, what is unique about this type of nursing, how patient populations are similar, case studies, practical applications of forensic principles, and how to become a forensic nurse.

Presenter: Lauren Wegener, BSN, RN, SANE

## **Advancing the Voice of the Nurse**

(Room 208) 10:30 - 11:00 AM

Nurses use their voices to advocate for quality patient care and the nursing profession. The voice of nurses are instrumental in the development of health policy, changing the delivery of health care to consumers and by engaging policy-making organizations.

Presenter: Susie Marks

## **Personal Savings & Spending**

(Room 209) 10:30 - 11:00 AM

When your money goes far, so do you. Regions strives to provide you with the guidance and tools to help you accomplish your unique financial goals. With this seminar, learn how you can break down your financial goals and gain more control over your money.

Presenter: Dillon Abernathy Branch Manager II Regions Bank

## **Council of Student Presidents**

(Room 102-103) 11:00 AM - 12:00 PM

Council of School Presidents is a fun and relaxed time for presidents of SNA Chapters around the state to get together and share ideas. It is also a great time to bring concerns to the State Board of Directors and ask any questions you might have. We will have a very informal Q&A session along with tips from the Board on how to have a great year with your Student Nurses' Association! If your president is unable to attend, please feel free to send a representative from your chapter.

# THURSDAY OCTOBER 13TH

## **Kaplan NCLEX Strategy Seminar**

(Room 208) 11:30 AM - 12:00 PM

NCLEX Strategy Seminar that focuses on how Kaplan's test taking strategies are designed to decrease test taking anxiety while increasing the test taker's confidence and improving and expanding student's critical thinking skills during NCLEX Prep which should lead to an increase in their overall performance on the NCLEX itself.

Presenter: Kristina Kline – Nursing Solutions Manager – Kaplan Nursing

## **End of Life Issues: The Dying Process**

(Room 209) 11:30 AM - 12:00 PM

Advice for nurses prior to, during, and after the dying process, with specific advice on how to assist the patient and their family members navigate this difficult time. All nurses will face the death of a patient at some time in their careers, having some knowledge about the dying experience will aid patients, family members, and the nurses caring for them.

Presenter: BJ Garrett, MSN, RN, CNE

## **Exhibit Hall**

(Grand Lobby/Plaza Lobby) 12:00 - 3:00 PM

## **Fluid Volume Deficit**

(Horner Hall) 1:00 - 2:30 PM

The Hurst Review Course is designed to help students in assimilating core nursing content as they prepare to sit for the NCLEX exam and enter practice. This student session covers concepts and patient care for the client who is at risk for or has developed fluid volume deficit. The Hurst review promotes student success by providing opportunities to improve and develop study skills through guided intense preparation and interactive critical thinking activities. The session builds on the student's understanding of the core content presented in Hurst's Clinical Judgment Approach NCLEX® Review program. Our products help students enhance their critical reasoning and communication skills based on best practices.

Presenter: Valerie Oglesby, MSN, RN, CNE

# THURSDAY OCTOBER 13TH

## **Consultant & Faculty Meeting**

(Room 207) 1:00 - 2:00 PM

Come and meet with the ANSA consultant to receive updates from the state level and share ideas with other advisors/faculty from schools across the state.

Presenter: Heidi Hogue, MSN, RN

## **Resume & Interview Tips**

(Room 208) 1:00 - 1:30 PM

We will provide resume and interviewing tips for nursing students entering the workforce.

Presenter: Brian Harrington, Director, Center for Professional Excellence at Harding University

## **Faculty Session - Preparing for Launch: NGN Update**

(Room 207) 2:30 - 3:45 PM

This session provides an update on the latest information about the NGN, how to incorporate the NCSBN cognitive skills associated with clinical judgment into your curriculum, and how to write effective NGN test items to help students develop clinical reasoning.

Presenter: Deanne Blach, MSN, RN, CNE, NPD-BC

## **NCLEX® 101 Plus: Hurst Review's Clinical Judgment Approach for NCLEX® Success**

(Horner Hall) 3:00 - 4:30 PM

Come and experience Hurst's nationally renowned clinical judgment approach to passing the NCLEX®. We will introduce you to everything you need for success on the NCLEX® including:

- How NCSBN test changes will affect all students
- Our "must know" core content that enhances clinical judgment skills
- NCLEX specific testing strategies, and
- Practice of high level NCLEX® style questions

Let us introduce you to the tools essential to conquering the NCLEX® the first time!

Presenter: Valerie Oglesby, MSN, RN, CNE

# THURSDAY OCTOBER 13TH

## House of Delegates Session 1

**Mandatory for Delegates** (Horner Hall) 5:00 - 7:00 PM

During this meeting of the House of Delegates, role will be called and the floor will be opened to anyone wanting to run for the ANSA BOD. We will review the role of the delegates and introduce candidates.

## Meet the Candidates

(Horner Hall) 7:00 PM

Take this opportunity to visit the candidates running for state office. This is an informal time to get to know the potential Board of Directors prior to voting.

## Convention Center Map



# FRIDAY OCTOBER 14TH

## **House of Delegates Session 2**

**Mandatory for Delegates** (Horner Hall) 8:00 - 11:00 AM

During this meeting of the House of Delegates, Board of Directors reports will be given. Candidates' speeches will be heard and voting will be done. You **MUST** be a delegate to cast a vote.

## **Fundraising Tables**

(Plaza Lobby) 8:00 AM - 12:00 PM

## **Faculty Session - Let's Get Active: Engaging Nursing Students in the Classroom**

(Room 207) 10:00 - 10:30 AM

Have you ever walked out of a classroom feeling defeated due to lack of student participation or scanned a class full of unengaged students as they watched the time go by on the clock? As educators, we often find ourselves in this situation, especially if the content is challenging or complicated. In this session, you will be introduced to active learning strategies to help change up the traditional didactic classroom. By implementing these teaching strategies, your classroom will be full of life and learning.

Presenter: Joy Stringfellow, MSN, RN

## **Natural Advocates: Empowering Nurses to Promote Change**

(Room 208) 10:00 - 10:30 AM

This presentation will explore the unique power held by student and professional nurses to advocate for change. Current issues and real-life examples will be analyzed to discover how nurses can positively impact local, regional, state, national, and global concerns. Audience members will be guided in the development of a personal advocacy profile. Profiles will be analyzed to determine how personal attributes may be applicable for engagement in the problem-solving process at any career level.

Presenter: Sarah Bemis, DNP, BA, RN

Assistant Director, Assistant Professor

Eleanor Mann School of Nursing

University of Arkansas

# FRIDAY OCTOBER 14TH

## **Faculty Session - Making Research Fun**

(Room 102-103) 11:00 - 11:30 AM

This faculty session will provide innovative teaching ideas to implement in a nursing research course. Discussion will center on course assignments that engage students in learning.

Presenter: Dr. Brandy Haley, PhD, RN

## **Advocating for YOU, Set Yourself Up For Success in Your First RN Position**

(Room 207) 11:00 - 11:30 AM

How can you set yourself up for success in your very first RN job? This session will share recommendations on what to look for in an organization and orientation program for your first RN job, reviewing items to consider when searching for your first RN position, Magnet Status, RN Residency Orientation Programs, Career Ladders and more.

Presenter: Janise Sanders, BSN, RN & Yvonne Pendergraft, BSN, RN

## **Advocating For People Who Have Serious Mental Illness**

(Room 208) 11:00 - 11:30 AM

This presentation provides a time to discuss and focus on working with people of all ages who have a serious mental illness. People who have serious mental illnesses (such as schizophrenia, Bipolar, or Major Depressive Disorders) often have difficulty verbalizing their needs and concerns when they work with health care providers related to the symptoms of their disease. It is easy to dismiss the concerns of individuals who have a history of mental disorders to only see the psychiatric issues. This presentation will present methods and techniques to both work with the patients and the providers to adequately address both the mental and physical health needs of the patients. There will also be resources and ideas for ways nurses may be involved in making a difference in helping decrease the stigma of mental illness through formal and informal community resources.

Presenter: Linda O'Dell, RN, MSN

# FRIDAY OCTOBER 14TH

## **The Power of Communication to Heal**

(Room 209) 11:00 - 11:30 AM

Effective communication skills in nursing can help improve patient outcomes. When people are sick, it is important for nurses to show a caring, loving attitude to enhance recovery. This is why it is so important that students not only learn practical skills in nursing school but also personable (soft) skills. What are soft skills and how can we learn to use them during practice to enhance the patient/nurse relationship? This session will teach some basic soft skills and how you can start using them to improve patient outcomes.

Presenter: Jamie Palmer, MSN, RN

## **Exhibit Hall**

(Grand Lobby/Plaza Lobby) 12:00 - 3:00 PM

## **AR Women's Outreach Period Poverty Packing Party**

(Room 102-103) 1:00 - 2:00 PM

Period Poverty is the lack of access to sanitary products due to financial constraints and is a public health crisis limiting educational advancement and employment opportunities for all menstruators! The Arkansas Women's Outreach is a grassroots non-profit organization committed to attacking Period Poverty one "period pack" at a time! Be part of the solution! Join us for this informative session followed by a "Packing Party"! All packs will be distributed through food pantries, shelters and street ministries.

Presenter: Pamela de Gravelles, PhD, RN, CHSE

## **Forensic Nursing: Sexual Assault & Child Abuse**

(Room 208) 1:00 - 1:30 PM

This session will briefly overview sexual assault and child maltreatment, their impact on those who experience them, and the importance of supportive services. The session will then discuss the role of the forensic nurse, what exams on these patient populations are like, and how forensic nursing fits into the bigger picture when it comes to the care of these patients.

Presenter: Kacie Parrish BSN, RN, SANE-A, SANE-P & Regina Welch BSN, RN, SANE-A, SANE-P

# FRIDAY OCTOBER 14TH

## **Your Credit Report & Credit Score**

(Room 209) 1:00 - 1:30 PM

Get to know your credit score. Regions strives to provide you with the guidance and tools to help you accomplish your unique financial goals. With this seminar, learn how you can break down your financial goals and gain more control over your money

Presenter: Dillon Abernathy Branch Manager II Regions Bank

## **Awards & Closing Ceremony with Endnote Speaker Dr. Nell Ard**

(Horner Hall) 3:00 - 5:30 PM

## **ANSA Exchange of the Board of Directors**

(Location TBA) 5:30 - 8:30 PM

## **Convention Center Map**



# Convention Center and parking!



Searching “Hot Springs Convention Center” into maps should bring you right where you need to be.

134 Convention Blvd  
Hot Springs National Park,  
AR 71902, United States





# Places to eat and explore:

## LOCAL

### DELUCAS PIZZA

831 Central Ave, Hot Springs National Park, AR 71901

### ROCK 'N' ROLL HIBACHI

420 Malvern Ave, Hot Springs, AR 71901

### BRICK HOUSE GRILL

801 Central Ave #24, Hot Springs National Park, AR 71901

### COLORADO GRILL

320 Ouachita Ave, Hot Springs, AR 71901

### TEXAS ROADHOUSE

3623 Central Ave, Hot Springs, AR 71913

### THE PORTERHOUSE STEAK & SEAFOOD

707 Central Ave, Hot Springs National Park, AR 71901

## FAST FOOD

### SUBWAY

801 Central Ave #21, Hot Springs, AR 71901

### CHICK-FIL-A

100 Cornerstone Blvd, Hot Springs, AR 71913

### SLIM CHICKENS

1384 Higdon Ferry Rd A, Hot Springs, AR 71913

### TROPICAL SMOOTHIE

3308 Central Ave, Hot Springs, AR 71913

### TACO BELL

4016 Central Ave, Hot Springs, AR 71913

### ZAXBY'S

4400 Central Ave, Hot Springs, AR 71913

Much more to  
choose from!



# More to do in Hot Springs

<https://hotsprings.org/>

This website will lead you to places to eat, places to stay, things to do, and even some events happening! Check out all Hot Springs has to offer!

Shopping, mini-golfing, site-seeing, even the spa and bath houses.

# ANSA CONVENTION 2022



SPONSORS:



# Meet the Board!



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Nursing**



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**University of Arkansas  
at Monticello**



# **Run from the Floor!**

## **Become an Eligible Candidate**

- **Be nominated by a member or constituent of ANSA (you may nominate yourself).**
- **Obtain consent from your dean, director, or Student Nurses Association chapter faculty advisor to hold office and shall have given their own consent to serve.**
- **Candidates must be nursing students currently enrolled in a nursing program approved by the Arkansas State Board of Nursing.**
- **Candidates must be enrolled in an approved nursing program for a minimum of five (5) months of their term of office and must agree to meet the demands of their position on the ANSA BOD for the full calendar year of their term.**

## **Email LNEC**

**[lnec@arknursingstudents.org](mailto:lnec@arknursingstudents.org)**

**1. Resume**

**2. ANSA BOD Application**

**(available on our website)**

**3. NSNA Number**

**4. Zip Code of School attending**



# **ADVOCATE FOR ALL**

Arkansas Nursing Students' Association  
State Convention 2022

*Thank  
you!*