

## EVERYTHING YOU NEED FOR THE 2023 STATE CONVENTION



#### **EMERGENCE**

## **Quick Facts**

## When? Where?

## Who?

September 14-15

The Marriott In Little Rock This will be attended by nursing students and faculty, who will meet with employers, schools, and nursing leaders.

2022 PRESENTATION

# What's the theme?

Our theme is "Emergence: Inspiring the Next Generation of Nurses". Our Goal will be for every focus session and interaction to inspire you as an emerging nurse!



**STUDIO SHODWE** 

## Step 1: Register

## <u>https://www.eventbrite.com/e/ansa-state-convention-2023-</u> <u>registration-680134730287?aff=oddtdtcreator</u>

2023 PRESENTATION



**STUDIO SHODWE** 

## **Step 2:**

## Run for a board position

YOU have the opportunity to shape the future of nursing students in Arkansas! Download the application here:

https://www.arknursingstudents.org/get\_involved







#### **STUDIO SHODWE**



# Step 3:

Raise money for your school! Sign up here: https://docs.google.com/forms/d/e/1FAIpQLScs <u>OK6vrd7BVYZxQiM5q</u> p5To2Z87aARcREAqo0e6wPvI04w/viewform? <u>usp=sf link</u>

## Sign up for a fundraising table

#### See Awards and Apply here:

## Step 4: **Apply for Awards**

Awards with no application required: Chapter Of Excellence Award

#### Awards with General Application Required

Breakthrough to Nursing Award Community Health Award **Empowering Resolutions Award** Most Outstanding Newsletter Award

\*The deadline to apply for awards and honors is at Midnight Submit all applications to secretary@arknursingstudents.org

#### Awards with Specific Applications/Nominations Nursing Student of the Year Award Chapter Advisor of the Year Award **Courageous Heart Award**

#### **Scholarships** ANSA Scholarship (four awards)

## Step 5: Join the House of Delegates

## Votes for new officers

Mock Resolutions for NSNA

### Become a delegate here: <u>https://www.arknursingstudents.org/get\_involved</u>

Decides how ANSA operates

## Delegates

ARTICLE VII: MEETINGS SECTION 3: DELEGATE REPRESENTATION

• A. EACH SCHOOL CHAPTER THAT IS A RECOGNIZED CONSTITUENCY, AS DETERMINED BY THESE BYLAWS, SHALL BE ENTITLED TO ONE VOTING DELEGATE AND ALTERNATE, ONE OF WHICH MUST BE THE PRESIDENT OR HIS/HER APPOINTEE, AND IN ADDITION SHALL BE ENTITLED TO ONE VOTING DELEGATE AND ALTERNATE FOR EVERY ADDITIONAL FIFTEEN (15) MEMBERS.

• LOOK AT NEXT SLIDE FOR REFERENCE

• B. THE SCHOOL CHAPTER DELEGATE(S) SHALL BE A MEMBER(S) IN GOOD STANDING WITH THE CHAPTER AND SHALL BE SELECTED AND/OR ELECTED BY MEMBERS OF THE SCHOOL CHAPTER ACCORDING TO CHAPTER BYLAWS.

C. THE SCHOOL CHAPTER MAY DESIGNATE AN ALTERNATE DELEGATE FOR EACH DELEGATE BY SELECTION AND/OR ELECTION BY MEMBERS OF THE SCHOOL CHAPTER ACCORDING TO CHAPTER BYLAWS.
D. ALL ALTERNATES SHALL HAVE THE SAME PRIVILEGES AS AN ELECTED DELEGATE WHEN SEATED IN THE HOUSE

• D. ALL ALTERNATES SHALL HAVE THE SAME PRIVILEGES AS AN ELECTED OF DELEGATES.

• E. REPRESENTATION AT NSNA ANNUAL MEETINGS SHALL BE IN ACCORDANCE WITH NSNA BYLAWS, ARTICLE VII, SECTION 3.

## **Delegate Count For Each School**

ARKANSAS STATE UNIVERSITY	<b>SOUTHERN ARKANSAS UNIV AR</b> MAGNOLIA 2	WES
BEEBE O MOUNTAIN HOME O JONESBORO 4 <b>BAPTIST HEALTH COLLEGE AR</b> LITTLE ROCK 7	UNIV OF ARKANSAS FAYETTEVILLE 13 FORT SMITH 2 LITTLE ROCK 4 MONTICELLO 3 PINE BLUFF 0	EAS FOR NAT HOT
<b>HARDING UNIVERSITY AR</b> SEARCY 16	<b>UNIV OF ARKANSAS MED SCI AR</b> HOPE 0 LITTLE ROCK 16	BEN OUA
HENDERSON STATE UNIV AR		ARK
ARKADELPHIA 5	<b>UNIV OF CENTRAL ARKANSAS AR</b> CONWAY 5	<b>PUL</b> NOR

MID-SOUTH COMM CLG/ASU AR ST MEMPHIS O

> T ARKANSAS COMM CLG AR REST CITY 0

**FIONAL PARK COMM CLG AR** SPRINGS 2

RTHWEST ARKANSAS C C AR TONVILLE 0

ACHITA BAPTIST UNIV AR ADELPHIA 2

ASKI TECHNICAL COLLEGE AR RTH LITTLE ROCK 2

Total Delegates = 87



Step 6:

Choose between a T-shirt or sweatshirt with our unique design on it. Ship it to you or we will have it ready to pick up at the convention!

https://runningthreads.chipply.com/ANSA/

# **Get merch**

# More tips:



## What to Wear

**Business Professional** Girls: Suit and jacket Skirt and jacket Blouse Comfortable dress shoes or low heels **Guys:** Suit or jacket and slacks Collar shirt with tie Dress shoes and belt



## **Check out our Focus Sessions** Full program and schedule coming soon!

#### **AR ENA: What is Emergency** Nursing?

This roundtable discussion will introduce students to multiple emergency room nurses from around the state. Several different aspects of emergency nursing will be discussed, such as trauma centers, community hospitals, stroke and STEMI centers.

#### Arkansas Heart Hospital & Abbott Labs: "Getting to the Heart of the Matter"

Cardiology Professionals will walk us through the wonderous world of cardiac anatomy where you will gain a true appreciation for the complexity of this organ through a pig heart dissection lab.

#### **Alperdis Keyes BSN RN:** "Research Nursing in the New **Generation of Participatory Research**"

As Director of the Clinical Trials Unit at UAMS/TRI the presenters will provide attendees a hands on understanding of the role of a research nurse and opportunities in volunteer participatory research.

#### Jon Haws, BS, BSN, RN, CCRN **Alumnus: "How I Went From Nursing School Dropout to Founding** NURSING.com"

In this presentation, Mr. Haws will share his story of going from a nursing school dropout to passing the NCLEX and founding NURSING.com

#### Kristina Kline – Nursing Solutions Manager: "The Road to NCLEX <sup>®</sup> Success: **Embracing Next Generation NCLEX®** (NGN) Strategy Seminar"

Overview of the NCLEX <sup>®</sup> exam and strategies to improve your performance on exam day. Understand the different questions types you will encounter and the difference between passing and nonpassing level questions.

A \$525 GIFT CARD WILL BE RAFFLED

Amanda Gwin RN, BSN, PA-C: **"Practical Steps and Practice** for preventing burnout in your nursing career"

Nurses, as a whole, are the most capable community members, but what happens when you burn out? Learn the importance and power of self care, boundaries, and self-love to ensure a long and fulfilling nursing career

Shannon Finley, MSN, RN; Devin Terry, MSN, RN, PhD(c); and Brittany Johnson, BSN, RN: "Interview Prep for a Nurse Residency Program: Finding **Your Best Organizational Fit**"

This presentation offers interview preparation tips to help determine if an organization and its New Graduate Residency Program align with your desired work environment

#### **Arkansas Womens Outreach : Providing Feminine GET READY:** Hygiene to the Homeless - A Packing Party!!

Menstrual periods present special challenges for the homeless in our communities. Learn about the health risks and challenges confronting their healthcare providers. The Arkansas Women's Outreach (arkansaswomensoutreach.org) provides over 400 feminine hygiene period packs a month to the homeless. We will be collecting new period supplies to distribute to women in Little Rock and Arkansas. Please help us support this outreach!

> Learn More: email pvdegravelles@uams.edu



Have questions? Email: vicepresident@arknursingstudents.org

## We can't wait to see you there!