



# EMERGENCE

**ARKANSAS NURSING STUDENTS' ASSOCIATION  
72ND ANNUAL STATE CONVENTION**

**SEPTEMBER 14TH-15TH, 2023  
LITTLE ROCK, ARKANSAS**

# Thursday, September 14

<b>08:00-10:00 AM</b>	Delegate Credentialing
<b>08:00-12:00 AM</b>	Registration & Check-in
<b>09:00-10:30 AM</b>	Opening Ceremony & Keynote Speaker
<b>10:00-12:00 PM</b>	Fundraising Tables Open
<b>10:30-1:00 PM</b>	Focus Sessions
<b>12:00-3:00 PM</b>	Exhibit Hall Open
<b>1:00-4:00 PM</b>	Focus Sessions
<b>4:30-6:30 PM</b>	House of Delegates (Session 1)
<b>6:30 PM</b>	Meet the Candidates
<b>8:00-10:00PM</b>	Welcome Party

# Friday, September 15

**08:00-10:00 AM**

Registration & Check-in

**08:00-10:30 AM**

House of Delegates (Session 2)

**09:30-10:30 AM**

Breakfast Buffet (*Conway Room*)

**10:00 AM-1:00 PM**

Focus Sessions

**10:00 AM-1:00 PM**

Exhibit Hall  
& Fundraising Tables Open

**1:00-3:00 PM**

Closing Session, Awards  
Ceremony, & Endnote Speaker

**3:30 PM**

Board of Directors Handoff  
Meeting (*Marion Room*)  
(*Dinner to Follow*)

# THURSDAY, SEPTEMBER 14

Delegate Credentialing, *Mandatory for Delegates*  
**Ballroom Foyer, 8:00AM-10:00AM**

Registration & Check In  
**Ballroom Foyer, 8:00AM-12:00PM**

Opening Ceremony & Keynote Speaker  
**Ballroom, 9:00AM-10:30AM**

Fundraising Tables  
**Ballroom Foyer, 10:00AM-12:00PM**

Exhibit Hall  
**Ballroom Foyer, 12:00PM-3:00PM**

## **10:30AM-11:30AM FOCUS SESSIONS**

### **Purpose Over Pay: The Impact of Volunteer Disaster Nursing**

*Presented by Shannon Finley (Harris Brake)*

This 'a look into the life of a disaster nurse' presentation uses real-world scenarios to discuss 2023 Next Gen NCLEX-RN Emergency Response content.

### **Time Management Tips for Nurses**

*Presented by Carol Brizzolara (White Oak)*

What is Time Management? What are your 3 primary goals as a nurse? In this presentation I will answer the above questions and share 8 time management tips for ANY nurse, 5 time management traps, 4 time wasters, and several tips to help with crazy shifts!

# THURSDAY, SEPTEMBER 14

## **10:30AM-11:30AM FOCUS SESSIONS (continued)**

### **Digital Health Program for Acute Stroke Care in AR and the Success of Nurse-Driven Protocol**

*Presented by Julia Weatherford & Lori R Berry  
(Manning)*

The UAMS Institute for Digital Health and Innovation Stroke Program partners with the Arkansas Department of Human Services to provide a statewide system of care for treating acute ischemic stroke patients in rural Arkansas. At the heart of the program is the nurse driven protocol for facilitating telehealth vascular neurology consults and thrombolytic treatment.

## **11:30AM-12:00PM FOCUS SESSIONS**

### **Caring for the Nurse: How Wellness Retreats for Nurses are Making a Difference**

*Presented by Trenda Ray (Harris Brake)*

This presentation will describe the development and implementation of a wellness retreat created for nurses at UAMS. We will also share the outcome data from the attendees.

### **Patient Safety Coach: “Be a Champion for Safety”**

*Presented by Melissa Predmore (White Oak)*

If you are passionate about patient safety and creating an environment for which all are committed to zero harm, the role of a Patient Safety Coach is for you! Please join me in learning what it means to be a Coach!

# THURSDAY, SEPTEMBER 14

## **11:30AM-12:30PM SPECIAL SESSIONS**

### **Consultants Corner**

*Presented by Heidi Hogue (Ballroom)*

School SNA advisors are invited to join Heidi Hogue, ANSA Consultant, for a discussion on how to facilitate and strengthen nursing student groups and SNA Chapters.

### **Council of School Presidents**

*Presented by Emma Farmer (Manning)*

Join Emma Farmer, ANSA President, for a discussion on how to generate ideas and energy for your own school's SNA chapter and nursing students!

***Consultants Corner and COSP will be followed by a complimentary lunch in Hoffman for all advisors and SNA Chapter Presidents!  
PROVIDED BY ARKANSAS CHILDREN'S HOSPITAL***

## **12:00PM-1:00PM FOCUS SESSIONS**

**Fluid Volume Deficit (Shock) Courtesy of Hurst Review**  
*Presented by Deanne Blach & Ashley Griffin (Harris Brake)*

The Hurst Review Course is designed to help students in assimilating core nursing content as they prepare to sit for the NCLEX<sup>®</sup> exam and enter practice. This student session covers concepts and patient care for the client who is at risk for or has developed fluid volume deficit. The Hurst review promotes student success by providing opportunities to improve and develop study skills through guided intense preparation and interactive critical thinking activities. The session builds on the student's understanding of the core content presented in Hurst's Clinical Judgment Approach NCLEX<sup>®</sup> Review program. Our products help students enhance their critical reasoning and communication skills based on best practices.

# THURSDAY, SEPTEMBER 14

## **12:00PM-1:00PM FOCUS SESSIONS (Continued)**

### **Research Nursing in the New Generation of Participatory Research**

*Presented by Alperdis Keyes & Pamela Christie (White Oak)*

Individuals envisioning a career in nursing normally consider traditional areas of nursing, such as bedside, operating room, emergency department, labor and delivery and other aspects of traditional nursing.

Our presentation provides an awareness to an alternative choice in nursing in the field of Clinical Research Nursing. As Director of the Clinical Trials Unit at UAMS/TRI the presenters will provide attendees a hands on understanding of the role of a research nurse and opportunities in volunteer participatory research. A brief overview of ARresearch.org will also be provided to better understand the link of research nursing as supported by a volunteer registry.

## **1:00PM-2:00PM FOCUS SESSIONS**

### **When Nurses Advocate, Policies Change**

*Presented by Neal Reaves (Ballroom)*

Advocating for the nursing profession is the best way for nurses to ensure wanted change takes place. ARNA Executive Director will discuss the importance of voting, knowing your state and federal elected officials and how to advocate for change in the nursing profession

### **Oncology Nursing: Opportunities in the Field of Cancer**

*Presented by Irene Wright (Harris Brake)*

An overview of the opportunities available in oncology/hematology for the new graduate nurse. Will include the different clinical settings and the exciting new therapies available for cancer patients.

# THURSDAY, SEPTEMBER 14

## **1:00PM-2:00PM FOCUS SESSIONS (Continued)**

### **How I Went from Nursing School Dropout to Founding NURSING.COM**

*Presented by Jon Haws (White Oak)*

I was one semester away from finishing my nursing degree when I let self-doubt and burnout get in the way of finishing my dream. In my presentation, I will share my story of going from a nursing school dropout to passing the NCLEX and founding NURSING.com.

### **Improving Patient Education to Reduce Readmissions**

*Presented by Brenda Willett (Manning)*

Quality improvement project: Standardizing patient education given by nursing staff and physicians in the surgical specialties service line. Interprofessional collaboration led by nurses. Weekly huddles led by nursing staff

## **2:00PM-3:00PM FOCUS SESSIONS**

### **Identifying Methods for Increasing Colon Cancer Screening per CF Foundation Guidelines**

*Presented by Barbara McDonald (Harris Brake)*

We will discuss the reason this area of preventative screening was chosen. Brief discussion of the review of the literature and findings regarding barriers and interventions found that impact colorectal cancer screening. The interventions utilized and the success rate of these findings. Implications and applicability for future studies.

### **Practical Steps + Practice for Preventing Burnout in Your Nursing Career**

*Presented by Amanda Gwin (Manning)*

As nurses, you are called upon to wear many hats. The demand can be high. Nurses, as a whole, are the most caring, generous, emotionally giving, and capable community members, but what happens when you burn out? Learn the importance and power of self care, boundaries, and self-love to ensure a long and fulfilling nursing career.



# THURSDAY, SEPTEMBER 14

## **2:00PM-3:00PM FOCUS SESSIONS (CONTINUED)**

### **The Road to NCLEX Success: Embracing NGN Strategy Seminar**

*Presented by Kristina Kline of Kaplan (White Oak)*

Overview of the NCLEX® exam and strategies to improve your performance on exam day. Understand the different questions types you will encounter and the difference between passing and non-passing level questions. Discuss Kaplan's resources designed to give you the content and practice needed.

**I will raffle off a gift card valued at \$525 and provide a special 20% promo code to use throughout the year for purchases on any of our NCLEX Prep resources at [www.kaplannursing.com](http://www.kaplannursing.com)**

## **2:30PM-4:00PM NGN FOCUS SESSION**

### **NCLEX 101**

*Presented by Deanne Blach & Ashley Griffin  
of Hurst Review (Ballroom)*

Come and experience Hurst's nationally renowned clinical judgment approach to passing the NCLEX®. We will introduce you to everything you need for success on the NCLEX® including:

- How NCSBN test changes will affect all students
- Our "must know" core content that enhances clinical judgment skills
- NCLEX® specific testing strategies, and
- Practice of high level NCLEX® style questions

Let us introduce you to the tools essential to conquering the NCLEX® the first time!

# THURSDAY, SEPTEMBER 14

## **3:00PM-4:00PM FOCUS SESSIONS**

### **Good Catches are a Team Sport!**

*Presented by Angela Armstrong Meredith, Melissa Predmore, & Carlette S. Seng (White Oak)*

Put on your catcher's mitt and join to learn how addressing Good Catches and Great Saves with a team mentality across disciplines at UAMS has driven positive change for Patient Safety.

### **What is Emergency Nursing?**

*Presented by AR ENA, Philip Prousnitzer (Manning)*

This roundtable discussion will introduce students to multiple emergency room nurses from around the state. Several different aspects of emergency nursing will be discussed, such as trauma centers, community hospitals, stroke and STEMI centers, and why emergency nursing is so different from other specialties.

### **Defeating Blood Cancer Through Donor Awareness: Spark a Movement TODAY!**

*Presented by Earl Young (Harris Brake)*

Earl Young's Team has the primary goal of defeating blood cancer through donor awareness. It starts with getting more people to understand the importance of getting their cheeks swabbed, followed by providing them the opportunity to do it. Our efforts are focused on college campuses because young donors provide the best patient outcomes. A college campus provides large groups of young, healthy candidates who also have the energy and spirit needed to spark a nationwide movement.

House of Delegates (Session 1)

**Ballroom, 4:30PM-6:30PM**

Meet the Candidates

**Ballroom, 6:30PM**

Welcome Party

**Ballroom, 8:00PM-10:00PM**

# FRIDAY, SEPTEMBER 15

Registration & Check-In

***Ballroom Foyer, 8:00AM-10:00AM***

House of Delegates (Session 2)

***Ballroom, 8:00AM-10:00AM***

Fundraising Tables Open

***Ballroom Foyer, 10:00AM-1:00PM***

Exhibit Hall

***Ballroom Foyer, 10:00AM-1:00PM***

Breakfast Buffet (complimentary)

***Conway, 9:30AM-10:30AM***

Heart Dissection (capacity 100)

***Ballroom, 11:00AM-12:00PM***

***SPONSORED BY ARKANSAS HEART HOSPITAL***

Cardiology Professionals will walk us through the wonderful world of cardiac anatomy where you will gain a true appreciation for the complexity of this organ that keeps us alive through a pig heart dissection lab.

Arkansas Women's Outreach: Providing Feminine Hygiene to the Homeless - A Packing Party!!

***Manning, 10:00AM-11:00AM***

***Guided by Pamela de Gravelles***

Menstrual periods present special challenges for the homeless in our communities. Learn about the health risks and challenges confronting their healthcare providers.

The Arkansas Women's Outreach ([arkansaswomensoutreach.org](http://arkansaswomensoutreach.org)) provides over 400 feminine hygiene period packs a month to the homeless. Put on your service hat as an Arkansas Women's Outreach volunteer, join the "packing party" and provide for the homeless.

**Items Needed: Pads, tampons, pantyliners, underwear**

# FRIDAY, SEPTEMBER 15

## **10:00AM-11:00AM FOCUS SESSIONS**

### **The Impact of Nurses in Organ Donation and Transplantation**

*Presented by Jenny Janisko (White Oak)*

A nurse's role in organ donation and transplantation is both inspiring and unique. Nurses that work within an Organ Procurement Organizations (OPO) have the ability to impact the lives of the family of the organ donor as well as the organ recipient and their family. This presentation will highlight the role, processes and the unique autonomy that nurses have while working within the donation Community.

### **Interview Prep for a Nurse Residency Program: Finding Your Best Organizational Fit**

*Presented by Shannon Finley, Devin Terry, & Brittany  
Johnson (Harris Brake)*

When emerging from a nursing student to a newly licensed nurse, exploring the options before transitioning into practice is essential. This presentation offers interview preparation tips to help determine if an organization and its New Graduate Residency Program align with your desired work environment.

## **11:00AM-12:00PM FOCUS SESSIONS**

### **How to Give and Receive Handoff Reports**

*Presented by Carol Brizzolara (Manning)*

This interactive session will include training on what information belongs in a patient handoff report. You will learn some tips on how to organize patient information and make sure to protect yourself, your patients, and your coworkers, when you give and receive reports. You will receive a bedside handoff report sheet and get to practice taking report on a patient.

# FRIDAY, SEPTEMBER 15

## **11:00AM-12:00PM FOCUS SESSIONS (Continued)**

### **Inspiring Leadership in Nursing: How to Grow and Glow Throughout Your Career**

*Presented by Holly C. Taylor & Deb Hutts (White Oak)*

Learn how to “grow” through leadership opportunities and “glow” across your nursing career with this session. Discuss and delineate the ins and outs of advancing through leadership positions within an organization, ANCC Magnet writing and language, national and state professional organizations, national certifications, and podium presentations. Gain perspective on your personal career goals, as we share our successes and learning opportunities.

### **Stress and Coping During Nursing School**

*Presented by Cheryl S. Monfee (Harris Brake)*

Nursing school is stressful, both mentally and physically. According to Onieva-Zafra(2020), most nursing students experience moderate to high levels of stress and report a greater tendency toward emotional active coping than problem focused coping ( Lopez, 2021).

Healthy coping is crucial to gain knowledge and maximize productivity (Chaabane, 2021). How stressful is nursing school to you? What coping strategies do you use to manage stress? The purpose of this presentation is to share the findings from a local pilot study and to seek student participation in a larger study. By the end of the session, students will be able to differentiate between problem focused coping strategies and emotion focused coping strategies. Recognizing positive coping strategies may influence how one manages stress. This knowledge may assist them in dealing with stress during nursing school as well as in their daily lives and future practice.

# FRIDAY, SEPTEMBER 15

## 12:00PM-1:00PM FOCUS SESSIONS

### **The Road to NCLEX Success: Embracing NGN Strategy Seminar (repeat)**

*Presented by Kristina Kline (Harris Brake)*

Overview of the NCLEX<sup>®</sup> exam and strategies to improve your performance on exam day. Understand the different questions types you will encounter and the difference between passing and non-passing level questions. Discuss Kaplan's resources designed to give you the content and practice needed to guarantee you are prepared for exam day.

**I will raffle off a gift card valued at \$525 and provide a special 20% promo code to use throughout the year for purchases on any of our NCLEX Prep resources at [www.kaplannursing.com](http://www.kaplannursing.com)**

### **Trauma in the ED (12:00PM-12:30PM)**

*Presented by Tammy Hodges (White Oak)*

This focus session will be an overview of a trauma in the emergency department from EMS Report to discharge, and what happens with all of the data after the discharge.

### **Stroke in the ED (12:30PM-1:00PM)**

*Presented by Charity Schaufler (White Oak)*

Stroke as seen in the emergency department, from EMS arrival to discharge. This presentation will be an overview of what happens with the data collected.

***2023 ANSA State Convention was  
made possible by our sponsors:***



HOSPITALS • RESEARCH • FOUNDATION



***We Thank You!***